



# CREATING A CARING CONGREGATION

*(Practicing the "One Anothers" of the Bible)*

## **"Building Up One Another"**

Romans 14:19; 1 Thessalonians 5:11; Ephesians 4:29;  
Galatians 6:1; Ephesians 4:16

**Wednesday, March 29, 2023**

Why is it beneficial for Christians to study the one anothers of the bible? How would your relationships change if you committed to being a doer of the word of God as it relates to the one anothers of the bible? (Read James 1:22-25) Imagine practicing the one anothers in your home and local church congregation. Will you commit to do your part of one another relationships?

1. Galatians 6:9 encourages Christians not to grow weary in well doing. The fact that it is possible for Christians to grow weary indicates a need for Christians to build one another up spiritually.
2. The Bible focuses on relationships. The emphasis in Romans 14:19 is on seeking to edify another Christian. The word edify means to build up. This includes teaching and emphasizes encouragement. The mindset of a Christian toward another Christian is that I want my words and actions to help you grow in the Lord.
3. Paul encourages the believers in Thessalonica to edify one another. Paul is teaching about the uncertainty of the day of the Lord's return and encouraging the Christians to stay focused on the certainty of his return. He instructs them in 1 Thessalonians 5:11 to comfort themselves together and to edify or build up one another. Every believer needs to grow and get closer to God. Believers can help each other stay focused and encouraged.
4. Christians must be careful how we use our words in conversations with one another. Word can have a negative impact by delivering corrupt or harmful messages. Words can discourage another Christian. This is something Christians must seek to intentionally avoid. Ephesians 4:29 states, "Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace to the hearer." Believers must intentionally seek to build each other up through our conversation. This includes teaching and encouragement.

5. Eugene Peter paraphrases, or puts in his words, Galatians 6:1. He states, "Live creatively, friends. If someone falls into sin, forgivingly restore him, saving your critical comments for yourself. You might be needing forgiveness before the day's out." We are responsible for restoring and building up other Christians, however we must be prayerful and biblical as we do so.
6. The Believer is taught in Ephesians 4:16 that the church is to edify or build itself up in love. God's plan for the church is that each of us is used by the Spirit of God to lovingly help each other grow spiritually. We are a resource for each other. We can and should learn from each other.
7. The following bullet points are suggestions as to how you might become more effective at building up or edifying other believers, especially those who are in your home or congregation. My prayer is that the Holy Spirit will give you more.
  - Prayerfully reflect upon the last time another believer built you up by teaching or reminding you of the message of the bible. What attitude did they display when they approached you? What attitude did you display to them as a result of what they said to you?
  - Prayerfully consider who you might intentionally seek to build up in their understanding of God and the Christian life.
  - Check your words before they come out of your mouth to determine if they will help build up or tear down another Christian.
  - Think of ways to help restore a Christian who has fallen into sin and become discouraged.
  - Maintain an attitude that allows other Christians to build you up without being defensive.
  - Find a group of Christians that agree to intentionally build each other up and encourage one another.
  - The next time another Christian edifies you personally thank them.